

TFAH Healthy Aging Resources Toolkit		
Topic	Resource w/ Link	Source
Age-Friendly Communities	Age-Friendly Communities	American Association of Retired Persons (AARP) Age-Friendly Communities
	Age-Friendly Sarasota Action Plan	Age-Friendly Sarasota
	Age-Friendly Communities Membership Application	American Association of Retired Persons (AARP) Age-Friendly Communities
	Creating an Age-Friendly City	Age-Friendly Chula Vista
	Age-friendly Neighborhoods	Age Friendly NYC
	Livable Florida	Florida Department of Elder Affairs
	The 8 Domains of Livability: An Introduction	American Association of Retired Persons (AARP) Age-Friendly Communities
Age-Friendly Public Health Case Studies	Indiana Case Study: Fostering Community Resilience	Trust for America's Health (TFAH)
	Los Angeles Case Study: Successful Partnership Between Public Health and the Aging Sector	Trust for America's Health (TFAH)
Aging in Place	Integrating Health and Community Supports for Older Adults	American Institutes for Research (AIR)
	Community Based Models for Aging in Place	American Institutes for Research (AIR)
	Aging in Place	Nashville Public Television
	Aging in Place in Small Urban and Rural Communities	Upper Great Plains Transportation Institute North Dakota State University

	Aging Gracefully in Place	National Center for Healthy Housing (NCHH)
	Aging in Place Program	Habitat for Humanity
	Aging in Place in Rural Communities	Department of Health and Human Services/Health Resources and Services Administration (HRSA)
	CAPABLE Model	Johns Hopkins Healthcare Solutions
	Meeting patients where they live	Health Affairs
Built Environment	Inclusive Healthy Places Framework	Gehl Institute/Robert Wood Johnson Foundation (RWJF)
	Age-friendly Neighborhoods	Age Friendly NYC
	Rails to Trails Conservancy Projects and Initiatives	Rails to Trails Conservancy
	Walk Maryland Day Report	Maryland Department of Health
	NYC Parks Resources for Seniors	New York City Department of Parks and Recreation
	Parks and Public Spaces for People of All Ages	American Association of Retired Persons
Caregiving	Guidance for Caregivers for Complex Medical Tasks	Home Alone Alliance
	Atlas Care Map	Atlas of Caregiving
	Retooling for An Aging America	National Academy of Medicine
	10 Government Programs for Helping Caregivers for Older Adults	Aging Care
	Caregiving Documentary	Nashville Public Television

	Preventive Medicine Review Course	American College of Preventative Medicine
	Center on Aging and Community Living Research and Evaluation Transitions in Caregiving Article	UNH College of Health & Human Services
	The Direct Care Workforce	Institute of Medicine (IOM) Committee on the Future Health Care Workforce for Older Americans
	Caregiver Health	University of Michigan National Poll on Healthy Aging
	Economic Value of Informal Caregiving	American Journal of Public Health
	Home Alone Revisited: Family Caregivers Doing Complex Care	American Association of Retired Persons (AARP)/The John A. Hartford Foundation
	Economic Impacts of Caregiving	Health Affairs
	Family Caregiving How-To Video Series	American Association of Retired Persons (AARP) Home Alone Alliance
	Caregiving for Family and Friends – A Public Health Issue Caregiving: A Public Health Priority	Centers for Disease Control and Prevention (CDC)
	June 2019 Issue: Community Care for High-Need Patients Care for America’s Elderly and Disabled People Relies on Immigrant Labor Care Management For Older Adults: The Role Of Nurses, Social Workers, And Physicians	Health Affairs

	Including Family Caregivers in Seriously Ill Veterans' Care: A Mixed-Methods Study	
	In Support of Family Caregivers: A Snapshot of Five States	Milbank Memorial Fund/The John A. Hartford Foundation
Cognition, Alzheimer's and Dementia	Public Health Roadmap for State and Local Partnerships: Healthy Brain Initiative	Alzheimer's Association/Centers for Disease Control and Prevention (CDC)
	Alzheimer's Disease by Race and Ethnicity	Alzheimer's Association
	Alzheimer's Disease Caregiver Training Toolkit	Alzheimer's Association
	Staying Active to Reduce Dementia	Mayo Clinic
	Dementia and guns	Kaiser Health News (KHN)
	Living with Alzheimer's and Dementia Documentary	Nashville Public Television
	Rapid Geriatric Assessment	St. Louis University
	Cognitive Stimulation Therapy (CST) and iCST	St. Louis University
	The NIH Toolbox	HealthMeasures
	HADI Hawaii Memory Care Navigator Roadmap	Hawaii Alzheimer's Disease Initiative
	Dementia Friends Hawaii	Age-Friendly Honolulu
	Dementia Friendly Orange County	Orange County Department on Aging
	Dementia Friendly America Community Toolkit	Dementia Friendly America

	Improvement – Using Dance to Improve Brain Function	IMPROVment
	Road Map for Indian Country	Centers for Disease Control and Prevention (CDC)
	State and Local Public Health Partnership to Address Dementia: The 2018-2023 Road Map	
	Age and Dementia Friendly Integration Toolkit	Massachusetts Department of Elder Affairs
	Alzheimer’s Disease and Healthy Aging Data Portal	Centers for Disease Control and Prevention (CDC)
	Staying Mentally Active to Prevent and Reduce Dementia	Mayo Clinic
	When Brain Health Meets Public Health	Association of State and Territorial Health Officials (ASTHO)
	What is Alzheimer’s Disease?	Centers for Disease Control and Prevention (CDC)
Data (Measurement and Collection)	Key Indicators of Well-being	Department of Health and Human Services/Administration for Community Living (ACL)
	Healthy Aging Data by State	Centers for Disease Control and Prevention (CDC)
	Aging Integrated Database	Department of Health and Human Services/Administration for Community Living (ACL)
	Profile of Older Americans	Department of Health and Human Services/Administration for Community Living (ACL)
	Livability Index	American Association of Retired Persons
	Families Caring for an Aging America	The National Academies of Sciences, Engineering, and Medicine
	MA Healthy Aging Collaborative	Massachusetts Healthy Aging Collaborative
	Image: NYC Interactive Map of Aging	New York Academy of Medicine

	HHS emPOWER Map 3.0	Department of Health and Human Services (HHS)
	CDC Multiple Cause of Death Archives	Centers for Disease Control and Prevention (CDC)
	Web-based Injury Statistics Query and Reporting System, WISQARS	Centers for Disease Control and Prevention (CDC)
	Aging Stats	Federal Interagency Forum on Age-Related Statistics
	2019 federal poverty guidelines	Department of Health and Human Services (HHS)
	CDC Data Brief on Coronary Heart Disease and Stroke	Centers for Disease Control and Prevention (CDC)
	Well-being in the Nation (WIN) Measurement Framework	100 Million Healthier Lives
Economics	Economics of Aging Documentary	Nashville Public Television
	Impact of California's Budget on Older Adults and People with Disabilities	The SCAN Foundation
	Foundation Goals	
	Financial Concerns of Older Adults	National Council on Aging (NCOA) and Ipsos
	The Financial Burden of Paid Home Care On Older Adults	Health Affairs
	Suspicious Activity Reports on Elder Financial Exploitation Issue Brief	Consumer Financial Protection Bureau (CFPB)
	Reporting of Suspected Elder Financial Exploitation by Financial Institutions	Consumer Financial Protection Bureau (CFPB)

Elder Abuse	Elder Justice Resources	National Council on Aging (NCOA)
	Brains and Losses	American Public Media's Marketplace Morning Report
	Abuse and Exploitation Documentary	Nashville Public Television
	Elder Abuse Victimization	Department of Justice (DOJ)
	Promoting Justice for LGBT Communities of All Ages	National Center on Elder Abuse (NCEA)
	LGBT Older People: Our Right to a Peaceful Life	National Center on Elder Abuse (NCEA)
	Understanding and Working with Adult Protective Services	National Center on Elder Abuse (NCEA)
	Elder Abuse Screening Tools for Healthcare Professionals	National Center on Elder Abuse (NCEA)
	Violence against older adults is rising	Centers for Disease Control and Prevention (CDC)
	Reframing Elder Abuse Project	National Center on Elder Abuse (NCEA)
Emergency Preparedness	Protecting Health During and After Flooding	American Lung Association
	Special Needs Shelter	FL Okaloosa County Medical Corps
	Crisis Counseling Assistance and Training Program	Department of Health and Human Services/Substance Abuse and Mental Health Services Administration (SAMHSA)
	Identifying Vulnerable Older Adults and Legal Options for Increasing Their Protection During All-Hazards Emergencies	Centers for Disease Control and Prevention (CDC)

	Emergency Preparedness for Older Adults	Centers for Disease Control and Prevention (CDC)
	Preparedness Brief-NACCHO	National Association of City and County Health Officials (NACCHO)
	Older Adults and Disaster Care Webinar Older Adults in Disasters Curriculum	The National Center for Disaster Medicine and Public Health (NCDMPH)/Office of the Assistant Secretary for Preparedness and Response (ASPR)
	2018-2022 Strategic Plan	Federal Emergency Management Agency (FEMA)
	Disaster Preparedness in Turbulent Times: Lessons in Building a Culture of Readiness	American Society on Aging (ASA)
End of Life Care	End of Life Documentary	Nashville Public Television
Equity	Create NYC Cultural Plan	Create NYC
	Access Hears: Hearing Care for All	Johns Hopkins School of Medicine
	Photovoice Method to Engage Older Adults of Color and Language Minorities	The Dartmouth Institute for Health Policy and Clinical Practice
	Latino Age Wave Colorado	Latino Community Foundation of Colorado
	Messaging to Advance Health Equity in Public Policy	National Academy of Medicine
	A Blueprint for Changemakers: Achieving Health Equity Through Law & Policy	ChangeLab Solutions
	Engaging Allies in the Culture of Health Movement: Role of Anchor Institutions	National Academy of Medicine

Evidence-based Programs	The National Chronic Disease Self-Management (CDSME) Database	National Council on Aging (NCOA)
	Promising Practices Tip Sheets	National Association of States United for Aging and Disabilities (NASUAD)
	Evidence for the Impact of the Money Follows the Person Program	Community Living Policy Center
Fall Prevention	CDC Falls Prevention website: STEADI	Centers for Disease Control and Prevention (CDC)
	Evidence-based Falls Prevention Programs	National Council on Aging (NCOA)
	Utah Falls Prevention Alliance	Utah Commission on Aging
	Otago Exercise Program	UNC School of Medicine
	Satellite Beach Fall Prevention Training	Satellite Beach Fire Department
	New Mexico Adult Falls Prevention Coalition Strategic Plan	Health Insight New Mexico
	Tracking Falls	Centers for Disease Control and Prevention (CDC) - <i>Preventing Chronic Disease</i>
	Coordinated Care Plan to Prevent Older Adult Falls	Centers for Disease Control and Prevention (CDC)
	STEADI: Evaluation Guide for Older Adult Clinical Fall Prevention Programs	
	Falls Statistics and Resources Blog Post	Administration for Community Living (ACL)/Assistant Secretary for Aging

Food Insecurity	Meals on Wheels	Meals on Wheels America
	The Impact of Poverty, Food Insecurity, and Poor Nutrition on Health and Well-Being	Food Research and Action Center (FRAC)
Future Challenges	The New Old Age Documentary	Nashville Public Television
	Meeting the Challenges of an Aging Society	National Association of Chronic Disease Directors (NACDD)
	Aging in the 21st Century: A Celebration and a Challenge	United Nations Population Fund (UNPFA)
Health Care	Creating Age-Friendly Health Care Systems	American Hospital Association
	Age-Friendly Health Systems Initiative	Institute for Healthcare Improvement
	Rural Health Information Hub	Department of Health and Human Services/Health Resources and Services Administration (HRSA)
	Rural Community Health Toolkit	Department of Health and Human Services/Health Resources and Services Administration (HRSA)
	Carolina Geriatric Education Center	UNC School of Medicine
	Mission Health Partners	Mission Health Partners North Carolina
	TIPS about SCRIPS	Area Agency on Aging
	SAGE: Seniors Assisting in Geriatric Education	University of North Texas Health Science Center
	ECHO-Chicago: Geriatrics	University of Chicago
	Quick Reference Guide to Promising Care Models for Patients with Complex Needs	Commonwealth Fund
	Additional Medicare information	The National Council on Aging (NCOA)

	Explaining The Slowdown In Medical Spending Growth Among The Elderly, 1999–2012	Health Affairs
	A Primer on Managed Care: Multiple Chronic Conditions	Aging and Disability Business Institute
	Promoting Information Sharing By Dual Eligible Special Needs Plans to Improve Care Transitions: State Options and Considerations	Integrated Care Resource Center
	Next Steps in Chronic Care: Expanding Innovative Medicare Benefits	Bipartisan Policy Center
	Social Determinants of Health and Medicare Advantage	Better Medicare Alliance
	Medicare Advantage Supplemental Benefits	Aging and Disability Business Institute
	The 4Ms Framework for an Age-Friendly Health System	Rush Center for Excellence in Aging
Housing	Pre-Senior Housing	Home of the Sparrow
	Testing Smart Home Technology That Can Help Seniors	WCVB
	Elders Living at Home Program	Boston Medical Center
	Friendship Centers Model	Age Friendly Sarasota
	Middle-income seniors and a looming housing crisis	Health Affairs

	Using senior housing to coordinate older adult health services	LeadingAge LTSS Center at UMass Boston
	Report Snapshot	
	The ABCs of ADUs (Accessory Dwelling Units)	American Association of Retired Persons (AARP)
	Middle Market Seniors Housing Study	National Investment Center (NIC)
	Guide to Help Older Homeowners Meet Their Reverse Mortgage	Consumer Financial Protection Bureau (CFPB)
	PBS Interview: In Boston, a housing innovation that connects generations	Public Broadcasting Service (PBS)
Miscellaneous	Communicating in Indian Country: Healthy Heart, Healthy Brain	Association of State and Territorial Health Officials (ASTHO)
	World Report on Aging and Health	World Health Organization (WHO)
	A Public Health Framework for Healthy Aging	Saint Paul-Ramsey County, MN
	National Aging Network	National Care Planning Council (NCPC)
	Network Visualization	South Side Healthy Aging Resource Experts
	Share Network	
	Pre-Workshop Exercise	Healthy Aging Summit
	Advocacy Goals	Generations United
	Risk and Protective Factors in Aging	New York State Office of Alcoholism and Substance Abuse Services

	Healthy Aging and Public Health Community Meeting	Association of State and Territorial Health Officials (ASTHO)
	Artificial Intelligence Applications for Older Adults	The National Academies of Sciences, Engineering and Medicine
	HCBS Business Acumen Center Toolkit	The National Association of States United for Aging and Disabilities (NASUAD)
	Climate Change and the Health of Older Adults	Elders Climate Action and Moms Clean Air Force
	AGE to age: bringing the generations together	The Northland Foundation
	Tips for Older Consumers to Stop Illegal Robocalls	National Center on Law and Elder Rights (NCLER)
	Age-Related Changes in Interpersonal Trust Behavior	National Academy of Medicine
Nutrition	Nutrition and Aging Documentary	Nashville Public Television
	Shop 'N Eat Program	Anne Arundel County Department of Aging & Disabilities
	The Impact of Poverty, Food Insecurity, and Poor Nutrition on Health and Well-Being	Food Research and Action Center (FRAC)
	Role of SNAP	
	CDC Attempts to Lose Weight Among US Adults	National Center for Health Statistics (NCHS) Data Brief
	SNAP Proposed Rule Blog Post	American Association of Retired Persons (AARP)
Oral Care	The Oral Health Project	Administration for Community Living (ACL)/ Administration on Aging
	Dental Care at Midlife	University of Michigan National Poll on Healthy Aging

	Rhode Island Oral Health Report in Skilled Nursing Facilities	Rhode Island Department of Public Health
	Community Guide to Adult Oral Health Program Implementation	Department of Health and Human Services/Administration for Community Living (ACL)/Office on Women's Health (OWH)
Opioid/Substance Misuse	Older Adults' Experiences with Opioid Prescriptions	University of Michigan National Poll on Aging
	Administration for Community Living - Opioids and Older Adults	Administration for Community Living (ACL)
	A DAY IN THE LIFE OF OLDER ADULTS: SUBSTANCE USE FACTS	Department of Health and Human Services/Substance Abuse and Mental Health Services Administration (SAMHSA)
	Medication Overload in Older Adults: How the Drive to Prescribe is Harming Older Adults	Lown Institute
Palliative Care	Palliative Care Research: Key Findings	Center to Advance Palliative Care (CAPC)
	Webinar Recording and Report: Key Findings on the Perceptions of Palliative Care	The John A. Hartford Foundation
Physical Activity	Increasing Active Transportation with Moderate Resources	National Association of City and County Health Officials (NACCHO)
	Increasing Active Transportation with Few Resources	National Association of City and County Health Officials (NACCHO)
	Exercise Programs that Promote Senior Fitness	National Council on Aging (NCOA)
	NYC Parks Resources for Seniors	New York City Department of Parks and Recreation

	I Can Do it! President’s Council	Department of Health and Human Services (HHS)
	FizikaFlex	Fizika Group
	Arthritis and Physical Activity	Centers for Disease Control and Prevention (CDC)
	ACSM Scientific Pronouncements: Physical Activity Guidelines for Americans	The American College of Sports Medicine (ACSM)
	Healthy Aging in Parks	National Recreation and Parks Association (NRPA)
Prevention	Healthy Aging in Action	Surgeon General’s National Prevention Strategy
	Aging and the National Prevention Strategy	Philadelphia Corporation for Aging
	“Prevention – a Life Course Approach”	UK Ministry of Health
Public Health Policy	Strategic Action Plan for Aging in Colorado	Colorado’s Strategic Action Planning Group on Aging
	Predictors of Aging: Public Health Policy Targets	BMC Health Services Research
	How States Can Support an Aging Population: Actions for Policymakers	Milbank Memorial Fund
	Older Americans Act: Overview and Funding	Congressional Research Service (CRS)
	Spotlight on the Older Americans Act (OAA)	American Association of Retired Persons (AARP)
	Paying for Aging Services	Kaiser Health News (KHN)
Resilience	Healthy Aging Documentary	Nashville Public Television
	Indiana Case Study: Improving Preparedness	Trust for America’s Health (TFAH)

	Building Older Adults' Resilience by Bridging Public Health and Aging-in-Place Efforts	Rand Corporation
Reframing Aging	Framing Strategies to Advance Aging and Address Ageism as Policy Issue	Frameworks Institute
	Interventions to Reduce Ageism Against Older Adults: A Systematic Review and Meta-Analysis	American Journal of Public Health
	Reframing Aging Initiative	The Gerontological Society of America (GSA)
	Aging Toolkit Introduction	Frameworks Institute
Rural Aging	Aging in Place in Rural America Toolkit	National Academy for State Health Policy (NASHP)
	Reversing Social Isolation in Rural America	Tivity Health
	Health and Community Policy Implications of Reversing Rural Isolation	Bipartisan Policy Center (BPC)
	Project ECHO	Hawaii State Rural Health Association
	Rural Health Information Hub	Department of Health and Human Services/Health Resources and Services Administration (HRSA)
	Rural Community Health Toolkit	Department of Health and Human Services/Health Resources and Services Administration (HRSA)
	Aging in Place in Rural Communities	Department of Health and Human Services/Health Resources and Services Administration (HRSA)
	Engaging American Indian and Alaska Native Medicare Beneficiaries: Senior Toolkit	International Association for Indigenous Aging (IA ²)
	Rural Aging in Place Toolkit	Rural Health Information Hub

	Toolkit: State Strategies to Support Older Adults Aging in Place in Rural Areas	National Academy for State Health Policy (NASHP)
	Bringing Together Young and Old To Ease the Isolation Of Rural Life	National Public Radio (NPR)
	Dial-a-Ride Film	The Foundation for Art and Healing (FAH)
Social Isolation	Commun02	App for connecting older adults with support services
	National Strategy for Engaging Older Adults	engAGED: The National Resource Center for Engaging Older Adults
	A Connected Society – Strategy for Tackling Loneliness	UK – HM Government
	The Unlonely Project	The Foundation for Art and Healing (FAH)
	Loneliness and Isolation Documentary	Nashville Public Television
	SU-CASA Arts Program	New York City Council
	PEARLS Community Based Depression Treatment	Health Promotion Research Center
	“Get Connected” Toolkit	Substance Abuse and Mental Health Services Administration (SAMHSA)/National Council on Aging (NCOA)/ Administration for Community Living (ACL)
	Eldervention Program	Area Agency on Aging
	Overview of Oasis Lifelong Adventure	Oasis Lifelong Adventure
	Suicide Prevention for Older Adults	Department of Health and Human Services/ Centers for Disease Control and Prevention (CDC)
	Improving Social Support Through Technology (PRISM)	<i>The Gerontologist</i>

	Congregate meals and social connectedness	Department of Health and Human Services (HHS)
	Addressing social isolation to improve health outcomes	University of California, San Francisco's Social Interventions Research and Evaluation Network
	Older Americans Month—Connect, Create, Contribute	Department of Health and Human Services/ Administration for Community Living (ACL)
	Community Toolkit	engAGED
	Decreasing Social Isolation and Loneliness	Health Affairs
	Untreated Hearing Loss Linked to Loneliness and Isolation For Seniors	National Public Radio (NPR)
Transportation/Complete Streets	Capabilities for Public Health Agency Involvement in Land Use and Transportation Decisions	Physical Activity and Prevention Research Center, Johns Hopkins University
	Accessible Shared Streets Toolkit	Department of Transportation/ Federal Highway Administration (FHWA)
	Promoting Safe Transportation for Older Adults	Preventive Medicine
	Older Adults & Transportation	National Aging and Disability Transportation Center (NADTC)
Veterans	Including Family Caregivers in Seriously Ill Veterans' Care: A Mixed-Methods Study	Health Affairs
Working, Employment and Retirement	Aging and the Workplace Documentary	Nashville Public Television
	Work, Aging and Retirement	Boston College Center on Aging and Work
	Geriatric Workforce Enhancement Program (GWEP)	Lehigh Valley Health Network

	Older Americans in the workforce	United Income
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